

## Nappaccino Nappy Days

Written by Herefordshire Council

Friday, 21 September 2007 12:24 - Last Updated Friday, 28 September 2007 16:39

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**Hereford's Nappaccino mornings, held on the third Monday of the month from 10am until 2pm, have been moved to a new venue at The Courtyard.**



The morning held on Monday, September 17 attracted a good number of mums-to-be, dads-to-be and grandparents-to-be, all wanting to learn more about the benefits of using real nappies.

One of the mums-to-be said: "My baby is due in January and I am very keen to use real nappies because of the benefits to the environment rather than sending disposable ones to landfill."

Nappaccino mornings allow parents and parents-to-be the chance to see the benefits of real nappies while enjoying a free cup of tea or coffee. Waste Management officers from the council and a nappy consultant were also present to answer questions and offer advice.

Lucy Fennesey, real nappy adviser, showed those attending a range of real nappies, in many shapes, sizes and colours, and answered questions about which ones were best for different needs.

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She said: "Real nappies are re-usable and washable. They come in many shapes, sizes and colours, are easy to use and easy to wash and dry."

Cathy Hines, project assistant for Worcestershire County Council, said: "I was delighted to see so many people attending the Nappaccino morning and want to remind any parents-to-be thinking of using real nappies that the council, in conjunction with Herefordshire Council, runs an incentive scheme."

The Real Nappy Incentive Scheme gives parents the chance to either receive £30 cash back when they buy £50 worth, or more, of real nappies, excluding accessories.

Alternatively, they can claim a free pack of 'pre fold' nappies, worth around £15 from Green Nappies, a social enterprise based in Ross-on-Wye.

To take advantage of the scheme parents must be a resident of Herefordshire or Worcestershire and can only take advantage of one scheme per baby. Application forms to take part in the incentive scheme can be obtained from nappaccino mornings, nappy events or the Mission Impossible team.

The next Nappaccino morning will be held on Monday, October 15 at the Courtyard from 10am.

For more information on real cloth nappies, Nappaccino dates and the Real Nappy Incentive Scheme visit [www.wastemissionimpossible.org.uk](http://www.wastemissionimpossible.org.uk) or call 01905 766883.

Meetings were previously held at St. Peters Church House but the venue has changed to offer a convenient well known central location with car parking near to Hereford's town centre.

According to the Women's Environmental Network:

- \* Each child can use up to 6,000 disposable nappies in their lifetime and eight million disposable nappies are thrown away every day in the UK.

- \* The average spend on disposables can be as much as £922.74 per child over two and-a-half-years. Real nappies can be used again and again, saving more money.

- \* More than 90 per cent of disposable nappies are disposed of in landfill and may take up to 500 years to decompose.