

10 Steps to becoming greener

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Sunday, 01 June 2008 18:36 - Last Updated Monday, 02 June 2008 10:15

These are things we in the Really Use-Less Group (RUG) started off doing. they get to be habits surprisingly quickly!

Quick and easy steps

- Turn lights off when they are not in use
- Turn everything you can off at the wall.
- Use recycled paper, tissues loo roll
- Just boil the water you need in a kettle
- Pull the curtain at dusk
- Turn down the temperature setting on your washing machine
- Turn the central heating down by 1 degree and give yourself a week to get used to it

A little effort

- Install low energy light bulbs
- Cut down on use of the tumble drier
- Compost vegetables, paper, card, tea bags
- Recycle as much as you can
- Buy locally produced food etc.
- Insulate your water tanks
- Use Freecycle to give away unwanted clutter
- Use wash balls instead of detergent (lots of sources if you search for 'wash balls' on Google)
- Switch to green electricity
- Come to a RUG meeting – ring Perry on 01531 637223.

How about leaving your own ideas below.

If you'd like to find out more about RUG either:

- Leave a comment below or put a message up in the Green Views section of the Portal forum,
- E-mail Jane (Horton) on info@hortonmail.co.uk
- Or ring Perry (Walker) on 01531 637223.

We'd love to hear from you.