

Gorge Walking

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<http://www.youtube.com/watch?v=3DqhU3nitbw>

Reminds me a bit of Ledbury's Dangerous Sports Club of twenty plus years ago; getting stuck in potholes and doing tea tray slides down the stairs.

This is a bit of old fashioned gorge walking. We didn't do hard hats, of course.

Published on You Tube by [Life Changing Activities](#) , who operate in the local area running activities such as canoing, abseiling, climbing, caving, raft building and survival training.